BOOK REVIEW

M. A. Williams,¹ M.Sc.

A Review of "Interaction of Alcohol and Other Drugs"

REFERENCE: Polacsek, E., Barnes, T., Turner, N., Hall, R., and Weise, C., Interaction of Alcohol and Other Drugs, Addiction Research Foundation, Toronto, Ontario, Canada, 1972, 561 pages, \$17.50.

During the thirty years since World War II, the manufacture and use of drugs have risen tremendously, especially those whose site of action is the nervous system. Added to the existing world problems during the past decade, the use and abuse of dangerous drugs and narcotics escalated to an alarming degree, regardless of all the expertise and funding mustered to stem the tide.

In spite of the great intake of drugs, the use and abuse of alcohol has remained the number-one drug problem through the ages. Since alcoholism is foremost, it receives in its quiet and unobtrusive manner more clinical and research attention than any other drug. E. Polacsek et al have published a bibliography, *Interaction of Alcohol and Other Drugs*, which is the answer to the research investigator's dream. This book lists 1500 important English and foreign language references dealing with alcohol alone and its reaction with other drugs. The foreign titles are translated into English along with the abstracts, giving all the pertinent information short of the actual papers. These abstracts cover a period of over 150 years, back to the earliest known papers.

The bibliography has great merit in comprehensively listing all the important papers on alcohol, thereby eliminating hours of searching the literature. The abstracts are direct and concise and cite all the known points of interaction. The indexes and references are thorough and complete, enabling readers to obtain items of interest quickly and easily. As a reference on alcohol, this book certainly is a "must" and should be consulted before acquiring the original paper.

¹ Toxicologist, Armed Forces Institute of Pathology, Washington, D.C. 20306.